



Note to Captain/Boat Owner: Fill in boat name, callsign, & description below

Cut here and laminate. Paste permanently next to your VHF

VHF Distress Call:

Tune to Channel 16

Say the below slowly “MAYDAY. MAYDAY. MAYDAY. THIS IS

”

[fill in vessel name & callsign]

Say “MAYDAY – This is

[fill in Vessel name @ callsign]

OUR POSITION IS _____ [miles from & direction or GPS]

THE PROBLEM IS _____ [Describe what happened]

WE REQUIRE _____ [Describe assistance required]

THERE ARE _____ [number] PEOPLE ON BOARD.

THEY ARE _____ [OK / INJURED / OVERBOARD]

WE ARE A _____

[fill this in POWER / SAIL] BOAT, [size],[colors]

“OVER”

Release the button and listen for a reply. Repeat every 60 seconds until you get an answer.