



VHF Distress Call: MAYDAY

Tune to Channel 16

Say the below slowly

MAYDAY. MAYDAY. MAYDAY. THIS IS

_____ [vessel name & callsign]

OUR POSITION IS _____ [Buoy no. or GPS]

THE PROBLEM IS _____ [Describe what happened.]

I REQUIRE _____ [Describe the assistance you require.]

THERE ARE _____ [number] PEOPLE ON BOARD.

THEY ARE [OK / INJURED / OVERBOARD]

WE ARE A [POWER / SAIL] BOAT, _____ [size],
_____ [colours]

OVER.

*Release the button and listen for a reply.
Repeat every 60 seconds until you get an answer.*